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Minnesota Dept. of Health
Division of Public Health
Education

Health Literature

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HEALTH LITERATURE *and* HEALTH FILMS

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by

MINNESOTA DEPARTMENT OF HEALTH

University Campus

Minneapolis 14, Minnesota



Compiled by

Division of Public Health Education

Minnesota Department of Health

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FOREWORD

This catalog lists all the printed and mimeographed material available for free distribution by the Minnesota Department of Health as of September 1, 1948. The catalog will be kept up to date by frequent revisions.

Publications of the Minnesota Department of Health and also of a number of other organizations are included in the catalog, but all the items listed, except a few on Vital Statistics and a few on Sanitation, are distributed by the Minnesota Department of Health from its Minneapolis office on the University Campus. Literature on tuberculosis, cancer, heart conditions, and mental health can be obtained from the following sources:

Tuberculosis: Minnesota Tuberculosis and Health Association, 614 Portland Avenue, St. Paul.

Cancer: Minnesota Cancer Society, 622 Commerce Building, St. Paul.

Mental Health: Minnesota Mental Hygiene Society, 309 East Franklin Avenue, Minneapolis.

Heart: Minnesota Heart Association, 20th Floor, Medical Arts Building, Minneapolis.

Persons requesting any of the items listed in this catalog will find it convenient to use the code numbers. For instance, if you wish five copies of "Infant Care," listed on page 9, it is necessary only to request "5 M-8." A few reprints and other items that are not in general demand have no code numbers.

In general, the publications listed in this catalog are available free to citizens of Minnesota, and single copies will be supplied on request. When sufficient numbers of a publication are on hand, it can usually be supplied



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in quantity for use in classrooms or by study groups. Requests for quantity shipments of any item should come directly from a physician, dentist, hospital superintendent, school superintendent, teacher, public health nurse, or other responsible person. A few publications of which the supply is limited can be sent only to representative persons such as directors of programs or group leaders.

1	Child Care
2	Child Guidance
3	Communicable Diseases
4	Dental Health
5	Diagnosis and Physical Diagnosis
6	Heart and Circulatory Conditions
7	Hospital and Related Institutions
8	Industrial Health
9	Mental Health
10	Neurology
11	Public Health Nursing
12	Safety
13	Sanitation
14	Water Supply
15	Plumbing
16	Sewage Disposal; Privies
17	Noise
18	Camp Sanitation
19	Milk Sanitation
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22	Vital Statistics

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L I T E R A T U R E

GENERAL INFORMATION

*before the title of a publication indicates the item is published by the Minnesota Department of Health.

- G-1 *The Minnesota State Board of Health: Organization and Functions. 1948. 25 pp.**

Duties and responsibilities of the various divisions of the State Board of Health and its relation to local public health administrations.

- G-2 *Minnesota State Health Laws and Regulations. 1948. 177 pp.**

The official publication of the Minnesota health laws, giving the statutes and regulations on birth and death registration, hospitals, communicable disease control, environmental sanitation, narcotics, and the various other matters coming under control of the State Board of Health. Index. Restricted distribution.

- G-3 *Directory of Licensed Physicians and Surgeons, Osteopaths, Chiropractors, Midwives, Masseurs, and Certified Public Health Nurses. 1948. 114 pp. Restricted distribution.**

This is the complete directory for Minnesota issued annually with quarterly supplements.

- G-4 *Handbook for Physicans. 1948. 28 pp.**
Information for physicians on reporting communicable diseases, control measures, laboratory services and biologics available, and other public health matters.

- G-5 Laws and Regulations Relating to
Hotels, Restaurants, Places of Re-
freshment, Lodging and Boarding
Houses, Resorts. 1947. 29 pp.**

Quotes the Minnesota laws apply-
ing to the above places, also the
safety regulations on small boats
used for hire.

CHILD AND MATERNAL HEALTH

*before the title of a publication indicates the item is published
by the Minnesota Department of Health.

MATERNAL CARE

- M-1 *Directions for Making the Sterile Ob-
stetrical Package. 1942. 3 pp.**

Full directions for making and
sterilization of minimum supplies
needed for home deliveries.

- M-2 *Directions for Maternity Belt. 1940.**

Pattern and directions for making
a practical and comfortable ma-
ternity belt.

- M-3 Prenatal Care. Children's Bureau, Fed-
eral Security Agency, Washington,
D. C. No. 4. 1942. 58 pp.**

Information for expectant moth-
ers on all aspects of pregnancy,
including signs, hygiene, disorders
and complications of pregnancy,
home supplies needed, and general
care of the newborn.

- M-4 *Prenatal Letters. 1946.**

A series of nine letters, one of
which is sent each month to ex-
pectant mothers; information on
prenatal care, diet, clothing, exer-

cise, preparation for confinement and for the baby, breast feeding, and care of the newborn baby.

INFANT CARE

M-25 *Alphabetical Guide to Safe Group Care of Newborn Infants. 1945. 39 pp.

Reference guide, including definitions and acceptable procedures, for personnel in nurseries for the newborn.

M-5 *Blueprint Plan for a Portable Incubator.

Plan and specifications for the making of a portable incubator box for the home care or transportation of premature infants. Available to health departments and public health nursing services.

M-6 Breast Feeding. Children's Bureau, Federal Security Agency, Washington, D. C. Folder 8. 8 pp.

Hygiene and food needed by the nursing mother and additional foods for the breast-fed baby.

M-7 Feeding the Premature Baby. Evelyn C. Lundeen. (*Amer. J. Nursing*, June, 1939.) 9 pp.

Information for nurses on the amount and type of food needed by premature infants, feeding techniques, and feeding the sick baby.

M-8 Infant Care. Children's Bureau, Federal Security Agency, Washington, D. C. No. 8. 1945. 126 pp.

Information for parents on the care of babies; aids to understanding the doctor's instructions. Full description of baby's needs: clothes, baths, feedings, exercise, and general health.

M-9 *Nursing Care of the Premature Infant.
1943. 6 pp.

Directions for incubator, oxygen therapy, clothing, feeding, and general nursing care of the premature infant. Bibliography.

M-10 Of Minnesota's Newborn and Premature Infant. Gertrude E. Carlsrud. (*Trained Nurse and Hospital Review*, May, 1940.) 6 pp.

Minnesota's program for saving the lives and improving the care of premature infants. Incubators, clothing, feeding, and nursing care are discussed.

M-11 The Premature Infant: Its Care and Development. Julius H. Hess, M.D.
1937. 28 pp.

An illustrated booklet containing complete information for physicians and nurses on the care of the premature infant. Bibliography.

M-12 Public Health Aspects of Premature Infant Care in Minnesota. Viktor O. Wilson, M.D., and A. J. Chesley, M.D. (*Journal-Lancet*, May, 1941.)
4 pp.

Obstetric factors in prematurity, care of the premature infant, use of the public health nurse, and other aspects of the Minnesota program discussed for physicians.

- M-13 *When You Take Your New Baby Home from the Hospital.** 1944. 3 pp.

Suggestions to both fathers and mothers of new babies; brief facts on feeding, sleeping, bathing, clothing, exercise, play, and medical supervision.

Mimeographed Material

- M-14 *"Suggestions for Premature Infant Care Equipment for Inclusion in a Loan Closet."** 1940. 2 pp.

CHILD CARE

- M-15 Good Posture in the Little Child.** Children's Bureau, Federal Security Agency, Washington, D. C. No. 219. 1935. 25 pp.

For parents and teachers. How good posture can be achieved; games that will help develop good posture habits.

- M-16 Guiding the Adolescent.** Children's Bureau, Federal Security Agency, Washington, D.C. No. 225. Revised, 1946. 83 pp.

An attempt to help parents understand and guide the adolescent. Discusses physical and mental changes of adolescence, sex instruction, social conduct, and other teen-age problems.

- M-17 Habit Training for Children.** National Committee for Mental Hygiene, 1790 Broadway, New York City. 1924. 16 pp.

Practical information for parents

on children's intelligence, jealousy, temper tantrums, obedience, bed-wetting, and convulsions.

- M-18 Your Child from One to Six.** Children's Bureau, Federal Security Agency, Washington, D. C. No. 30. 1945. 147 pp.

Essentials of child care and training for parents. Chapters on health, habit training, personality, and other aspects of child growth and behavior.

- M-23 *Home Play and Play Equipment for the Preschool Child.** Children's Bureau, Federal Security Agency, Washington, D. C. No. 238. 1946. 20 pp.

Suggestions for training children to play for healthy physical and mental development. Includes plans for building home play equipment.

STUDY COURSES

(For organized groups only)

- M-19 *Mothercraft Course—Suggested Guide for Instructors.** 8 pp.

For home economics instructors and public health nurses teaching mothercraft course. Includes students' worksheets.

- M-20 *Mothercraft Manual.** 1940. 30 pp.

This series of six lessons for organized groups of expectant mothers is available for use by home economics teachers or public health nurses, who may also

obtain demonstration materials on loan. Students who complete the course successfully are awarded a certificate, and a register of these students is kept in the Minnesota Department of Health.

- Lesson 1 Growth and development
- Lesson 2 Baby's room, clothing, sleep, exercise, and play
- Lesson 3 Baby's bath
- Lesson 4 Feeding the infant
- Lesson 5 Feeding the infant, continued
- Lesson 6 Keeping the baby well

M-21 *Information Regarding Classes in Maternal and Child Hygiene.

Information for public health nurses and groups of women organizing classes in maternal and child hygiene. Description of course; size of classes; time required; how classes can be started in the community.

M-22 *A Study Course on Maternal and Child Hygiene.

Fifteen lessons for study by organized adult groups. Preferably, the study should be conducted under the leadership of a public health nurse, but may be made by individuals. The lessons cover the anatomy, physiology, problems and care during pregnancy and childbirth and the care, feeding,

and training of the infant and child.

M-24 A Study Course on Care of the Baby.

Part I Teachers' Manual. 36 pp.

Part II Students' Manual. 30 pp.

This course is designed for teaching baby care to junior and senior high school students. The lessons may be incorporated with regular school courses in home economics or used in teaching organized groups of young people. Each unit discusses both the physical and the emotional needs of the infant. Units are as follows:

1. Pregnancy and Birth
2. Birth to 3 Months
3. 3 to 6 Months
4. 6 to 12 Months
5. Care of the Toddler

COMMUNICABLE DISEASES

*before the title of a publication indicates the item is published by the Minnesota Department of Health.

***Communicable Diseases**

Five separate leaflets for laymen—especially parents—on

- | | |
|------------|-----------------------|
| C-1 | Diphtheria |
| C-2 | Measles |
| C-3 | Scarlet Fever |
| C-4 | Smallpox |
| C-5 | Whooping Cough |

Prevention and control of the diseases are discussed. Graphs show number of cases and deaths in Minnesota since 1910.

- C-6 The Control of Communicable Diseases.** American Public Health Assoc., 1790 Broadway, New York, New York. 1945. 149 pp. (Supply limited.)

Handbook for physicians and other public health workers. Essential points on recognition, etiology, immunity, prevalence and control of communicable diseases.

- C-7 *Facts Everyone Should Know About Venereal Diseases.** 1945. Folder.

Outlines briefly and clearly the symptoms and recommended treatment of syphilis and gonorrhea.

- C-8 *How Do Miniature X-Ray Surveys Help in the Control of Tuberculosis?** Minnesota Department of Health in cooperation with Minnesota Department of Education and Minnesota Public Health Association. 1946. 14 pp.

Note: Resource unit for high school teachers for use especially when chest x-ray surveys are being conducted in the community. Includes reference materials, information about visual aids, suggestions for pupil activities, questions for study and discussion, and test questions with key.

Mimeographed Material

The following mimeographed material is available to nurses, local health officers, and others who may require it:

- C-9 *"Diphtheria Carriers"**

- C-10 *"Directions for a Carrier of Typhoid Organisms"
- C-11 *"Epidemic Ringworm of the Scalp"
- C-12 *"Manual for X-Ray Surveys." 1947.
30 pp.
- C-13 *"Poliomyelitis"
- C-14 *"Rabies"
- C-15 *Supplies Furnished. (List of supplies, forms, mailing outfits, etc., furnished by Minnesota Department of Health in relation to communicable diseases.)
- C-16 *"Tularemia in Minnesota"
- C-17 *"Undulant Fever" (2 leaflets)

Reprints

The following reprints of articles are available:

- "Communication: Premarital and Prenatal Examinations," H. G. Irvine; 1944.
- "Comparative Resistance of Recently Isolated and Older Laboratory Strains of *E. typhosa* to the Action of Chloramine," Paul Kabler, G. O. Pierce, and G. S. Michaelsen; 1939.
- "Culture Examination for *N. gonorrhoeae*," Lucy S. Heathman and Margaret Higginbotham; 1942.
- "A Differential Study of Forty Brucella Strains Isolated in Minnesota," Paul Kabler; 1936.
- "Diphtheria in Minnesota," D. S. Fleming; 1947.
- "The Effect of Chlorine on Complement Fixa-

- tion," Anne C. Kimball, Paul W. Kabler; 1948.
- "Encephalitis," Carl M. Eklund; 1941.
- "Gonococcus Cultures — A State Laboratory Service," Margaret Higginbotham; 1944.
- "Human Brucella Melitensis Infections in Minnesota With Hogs as the Probable Source," Paul Kabler, Henry Bauer, C. Barton Nelson; 1947.
- "Human Encephalitis of the Western Equine Type in Minnesota in 1941: Clinical and Epidemiological Study of Serologically Positive Cases," Carl M. Eklund; 1946.
- "Incidence of Infection with Intestinal Protozoa in Minnesota," Paul Kabler; 1935.
- "An Investigation of the Present Status of Social Hygiene Education in the Minnesota Public Schools," William Griffiths; 1940.
- "Laboratory Diagnosis in Trichinosis," Lucy S. Heathman; 1936.
- "Minnesota's Experience with Human Encephalitis Caused by the Equine Type of Virus in 1938," C. M. Eklund and Alex Blumstein; 1942.
- "Minnesota Serological Evaluation Study," H. E. Michaelson, chairman of State Serologic Committee; 1947.
- "On the Use of Chick Embryo Cultures of Influenza Virus in Complement Fixation Tests," Clara Nigg, James H. Crowley, and Doris E. Wilson; 1940.
- "Pneumonia in Minnesota; What Can Be Done About It?" Lucy S. Heathman, O. McDaniel, and A. J. Chesley; 1937.

- "Preliminary Report of the Special Otter Tail County Tuberculosis Survey," L. J. Webster; 1941.
- "Proposed State Tuberculosis Control Program," Hilbert Mark; 1947.
- "The Relation of Human Encephalitis to Encephalomyelitis in Horses," C. M. Eklund and Alex Blumstein; 1938.
- "Resistance of Various Strains of *E. typhi* and *Coli aerogenes* to Chlorine and Chloramine," Lucy S. Heathman, G. O. Pierce, and Paul Kabler; 1937.
- "Shall We Reduce Our Pneumonia Deaths?" Lucy S. Heathman, O. McDaniel, and A. J. Chesley; 1937.
- "Studies on Early Pertussis Immunization," J. M. Adams, A. C. Kimball, F. H. Adams; 1947.
- "Studies on Yeast-Like Organisms Isolated from the Mouths and Throats of Normal Persons," Ramona L. Todd; 1937.
- "A Study of the Heteroallergic Reactivity of Tuberculin Desensitized Tuberculous Guinea Pigs, in Comparison with Tuberculous and Normal Guinea Pigs," Margaret Higginbotham; 1937.
- "A Study of the Kolmer, Kahn and Kline Tests with Spinal Fluids," Lucy S. Heathman and Margaret Higginbotham; 1933.
- "A Study of the Kolmer-Wassermann, Kahn and Kline Test," Lucy S. Heathman and Margaret Higginbotham; 1932.
- "A Survey of Workers in Packing Plants for Evidence of Brucella Infection," Lucy S. Heathman; 1934.

"Toxoplasmosis," Paul Kabler, Marion Cooney; 1947.

"Trichinosis in Minnesota," C. Barton Nelson; 1947.

"Tuberculosis in Exposed Populations," Hilbert Mark; 1942.

Regulations and Cards

Reg. 318, 319, 320, 321; 316, 317 (one sheet)
— School Attendance

Reg. 301 — Reportable Diseases

Reg. 703, 704, 705, 707, 709, 710 — Diphtheria

Card listing notifiable diseases

Report cards

Quarantine release cards

Health officer's certificates

Scarlet fever permits

Diphtheria permits

Immunization record for diphtheria and smallpox

DENTAL HEALTH

*before the title of a publication indicates the item is published by the Minnesota Department of Health.

D-1 *Dental Health for Children. 1947. 24 pp.

An illustrated booklet for teachers, giving factual material on dental health and a dental health program for schools. Free to teachers and public health personnel in Minnesota.

- D-2 An Evaluation of Dental Health Literature**, by Vern D. Irwin and Netta W. Wilson. Bruce Publishing Company, St. Paul. 1942. 58 pp.
Discusses standards for evaluating literature for teaching in all health fields.
- D-3 Facts About Teeth and Their Care.** National Dental Hygiene Assn., Washington, D. C. 3rd ed., rev. 1946. 17 pp.
An illustrated booklet containing all the factual information necessary for teaching dental health.
- D-4 How To Save Teeth—and Money.** National Dental Hygiene Assn., Washington, D. C. 1946.
A leaflet for parents, answering the most common questions about dental health.
- D-7* My Dentist Uses Fluorine.** 1948. 2 pp.
A leaflet designed for distribution by dentists to patients and others who want information about the topical application of sodium fluoride as a caries control measure.
- D-5 *You Owe it to Yourself.** 1947. 16 pp.
A down-to-earth discussion of dental health for high school students, popularly written and illustrated with cartoon-type drawings.
- D-6 Your Child's Teeth.** American Dental Association, Chicago, Illinois. 1944. 40 pp.
An illustrated booklet for parents and teachers of children of pre-school and elementary school age.

Reprints

The following reprints of articles from journals are also available:

"Can Calcium Therapy Protect Teeth?" Vern D. Irwin. (*Minnesota Medicine*, Nov. 1942.) 1 p.

Valuable information for physicians, dentists, and public health nurses.

"A Dental Service Program for School Children." W. A. Jordan. (*Dental Health*, Feb. 1946.) 6 pp.

Organization and accomplishments of the school dental health program in Chisholm, Minnesota.

"Calcium Metabolism and Teeth." Rudolph Kronfeld. 1 p. 1940.

A summary of present-day knowledge on the development of the teeth.

EMBALMERS AND FUNERAL DIRECTORS

*before the title of a publication indicates the item is published by the Minnesota Department of Health.

E-1 *Embalmers and Funeral Directors Holding the License of the Minnesota State Board of Health. 1948. 80 pp.

Includes the Minnesota law relating to the licensing of embalmers and funeral directors, and the list of embalmers and funeral directors licensed for 1948, alphabetically and by location.

E-2 *Minnesota Statutes Relating to Licensing of Embalmers and Funeral Directors. 1946. 22 pp.

Includes the relevant sections of the Minnesota law, regulations relating to apprentices, and duties of all persons who may be concerned in the care of the dead.

HEART AND CIRCULATORY CONDITIONS

- Y-1 Diseases of the Arteries: Their Significance, Recognition, and Treatment.** American Heart Association, New York. 8 pp.

The more common diseases of the arteries are described and their treatment outlined with suggestions for proper cooperation between patient and physician.

- Y-7 Heart Disease at All Ages.** Metropolitan Life Insurance Company, New York. 1947.

A very useful leaflet for general use, containing brief, simple statements about the chief types of heart disease found at different ages, also answers to questions often asked about heart disease.

- Y-2 Heart Disease Caused by Coronary Arteriosclerosis.** American Heart Association, New York. 8 pp.

The story of one man who was a temporary victim of coronary disease, with a general discussion of terms, causes, and treatment.

- Y-3 High Blood Pressure (Hypertension).** American Heart Association, New York. 8 pp.

Answers twelve common questions about the nature, causes, symptoms, and treatment of high blood pressure.

- Y-6 *What You Should Know About Rheumatic Fever.** 1947. 10 pp.

New booklet for parents on symptoms and dangers of rheumatic fever; care of affected children; facilities available for treatment in Minnesota; illustrated.

- Y-5 Your Heart.** Metropolitan Life Insurance Company, New York. 1946. 16 pp.

General information for the layman on the various types of heart disease, including a valuable section on "Living with Heart Disease."

HOSPITALS AND RELATED INSTITUTIONS

*before the title of a publication indicates the item is published by the Minnesota Department of Health.

- H-3 *Licensing Laws and Standards for Hospitals and Related Institutions of Minnesota.** 1944. 76 pp.

Laws and licensing standards for general and specialized hospitals, maternity homes, and homes providing chronic or convalescent care, including homes for the aged. Indexed.

- H-4 *Minnesota Directory of Licensed Hospitals and Related Institutions.** 1948. 34 pp.

Annual directory listing general

hospitals, specialized hospitals, maternity homes, and homes for chronic and convalescent patients, including homes for the aged; each group listed by county of location.

- H-5 Pamphlets Containing Planning Suggestions and Demonstration Plans for Various Sizes and Types of Hospitals and Health Centers.** (Available to hospital and health center planning committees.)

Reprints of articles prepared by the U. S. Public Health Service and the U. S. Children's Bureau.

INDUSTRIAL HEALTH

*before the title of a publication indicates the item is published by the Minnesota Department of Health.

- T-1 At Your Service.** U. S. Public Health Service, Federal Security Agency, Washington, D. C. 1945. 20 pp.

An illustrated booklet describing how both employees and management benefit through plant health services and making the plant a safe and healthy place to work.

- T-5 Dusts, Fumes, Vapors, Gases, and Mists.** Industrial Commission of Minnesota. 1943. 13 pp.

The general code for Industrial Environmental Sanitation, and the Occupational Disease Section of the Workmen's Compensation Law.

- T-7 Industrial Health Practices.** National Assn. of Manufacturers, 14 West

49th Street, New York, N. Y. 1941.
76 pp.

A report of the health programs
of 2,064 industrial establishments.

- T-12 Outline of an Industrial Hygiene Program.** U. S. Public Health Service. 1943. 13 pp.

Requirements of the plant medical service, engineering and safety service; preplacement examination; nutrition; health and safety education for workers.

- T-13 *The Problem of Dust Control in Foundries.** 10 pp.

Sources of dust in foundries and methods by which dust can be controlled and workers protected.

- T-17 Standing Orders for Nurses in Industry.** Amer. Medical Assn., 535 N. Dearborn Street, Chicago 10, Illinois. 1943. 12 pp.

Outlines various emergency procedures; routine nursing care of common injuries; care of minor illnesses. References.

- T-18 Who's Too Small for a Health Program?** National Assn. of Manufacturers, 14 W. 49th Street, New York 20, New York. 1944. 11 pp.

Benefits of health programs for small industrial plants; how to organize such a program.

- T-19 Workers' Health Series of Pamphlets.** U. S. Public Health Service, Federal Security Agency, Washington, D. C.

Short, entertainingly written, illustrated pamphlets, designed pri-

marily for industrial workers. Many of them are also useful for general distribution. (Recommended one set, first order; re-order for specific needs. Request by number, as "T-19, No. 8.")

- No. 1. But Flu is Tougher. On flu prevention.
- No. 2. Leonard's Appendix — and How it Burst. Danger of neglecting appendicitis.
- No. 3. KO by CO Gas. On carbon monoxide poisoning.
- No. 4. Clara Gives Benzol the Run Around. On prevention of benzol poisoning.
- No. 5. Trouble in the Midriff. Implications of abdominal distress.
- No. 6. Bill Gets the Works. Advantages of a physical examination program.
- No. 7. Night Shift. Health adjustments to night work.
- No. 8. Save Your Skin. Prevention of dermatoses.
- No. 9. Willie's Victory Torch. On hazards of welding.
- No. 10. What You Don't Know CAN Hurt You. Importance of early venereal disease detection.
- No. 11. Hold On To Your Teeth. Facts on good dental hygiene.

No. 12. Let's See! Eye protection in industry.

No. 13. Below the Belt. Avoiding hernia complications in the worker.

No. 14. That Tired Feeling. Healthy living for the worker.

Mimeographed Material

T-22 *"Analysis of Activities of Nurses in Industry."

T-23 "Health Education in Industry."

T-24 *"Industrial Health Service Records, Sample Forms and Manual For Using."

T-25 *"Suggested Form For A Manual for Industrial Health Service."

. MENTAL HEALTH

Z-1 **Alcoholism is a Sickness.** Public Affairs Committee, Inc. 22 East 38th Street, New York 16, New York. Pamphlet No. 118, 1946. 32 pp.

Summary of the costs of alcoholism. Outlines the various alcoholism cures that are available.

Z-2 **Building Your Marriage.** Public Affairs Committee, Inc., 22 East 38th Street, New York 16, New York. Pamphlet No. 113, 1946. 31 pp.

Suggests the mental and physical adjustments that must be made for a successful marriage. Common marital problems discussed; where to seek counseling help.

- Z-3 Helping Children in Trouble.** Children's Bureau, Federal Security Agency, Washington, D. C. No. 320. 1947. 17 pp.

Illustrates behavior problems in children that need attention, how much can be done for a child if given the right kind of help at the right time. Summarizes findings of the St. Paul, Minnesota, delinquency study.

- Z-4 Toward Mental Health.** Public Affairs Committee, Inc., 22 East 38th Street, New York 16, New York. Pamphlet No. 120, 1946. 32 pp.

Types of mental disorders explained; briefly suggests needed preventive and corrective programs.

- Z-5 When You Grow Older.** Public Affairs Committee, Inc., 22 East 38th Street, New York 16, New York. Pamphlet No. 131, 1947. 32 pp.

Problems of physical and mental adjustment to old age. What preparation can be made for happiness and independence in later years.

- Z-6 Your Mind and You.** The National Committee for Mental Hygiene, Inc., 1790 Broadway, New York 19, New York. 71 pp.

Types of insanity discussed in relation to behavior. Effect of emotions and intelligence on mental health, with suggestions for controlling emotions.

**Z-7 Some Special Problems of Children
Aged 2 to 5 Years.** New York Com-
mittee on Mental Hygiene of the
State Charities Aid Association, 105
East 22nd Street, New York 10,
New York. 1947.

Series of short pamphlets which
bring to parents and teachers a
point of view to make their rela-
tions with children smoother.
Motivation of each problem ex-
plained, with specific suggestions
for handling the situation. (Re-
quest by number as "Z-7, No. 3.")

No. 1 When a Child Uses Bad
Language

No. 2 When a Child Is Destruc-
tive

No. 3 When a Child Has Fears

No. 4 When a Child Hurts
Other Children

No. 5 When a Child Mastur-
bates

No. 6 When a Child Won't
Share

No. 7 When a Child Still Sucks
His Thumb

No. 8 When a Child Still Wets

Z-8 Are Epileptics Employable? National
Association to Control Epilepsy,
Inc., 22 East 67th Street, New York
21, N. Y. 11 pp.

Corrects several misunderstand-
ings about epileptics and explains
why and how they are employ-
able.

Z-10 Epilepsy — The Ghost Is Out of the Closet. Public Affairs Committee, Inc., 30 Rockefeller Plaza, New York 20, N. Y. 31 pp.

An interesting and instructive booklet on epilepsy for lay persons requiring general information on this condition.

Z-11 The Mental Hospital—A Guide for the Citizen. National Committee for Mental Hygiene, Inc., 1790 Broadway, New York 19, N. Y. 45 pp.

Written for lay persons who are making a serious study of hospital facilities for the mentally ill.

Z-12 Industrial Mental Health. National Committee for Mental Hygiene, Inc., 1945. 18 pp.

Selected articles by experts in the field of mental health in industry.

NUTRITION

*before the title of a publication indicates the item is published by the Minnesota Department of Health.

N-1 *Baby's Daily Time Cards.

A suggested feeding schedule for parent's use in feeding the normal infant. The schedule may be hung in the kitchen for reference.

1. Birth to 4 Months Old
2. 4 and 5 Months Old
3. 6, 7 and 8 Months Old
4. 9 Months to 1 Year Old
5. 1 to 2 Years

6. When to Add New Foods
During Baby's First Year

7. Diet for Children 2 to 6 Years
Old

N-2 *Cereals and Breads. 1945. 14 pp.

Suggestions for the use of cereals and bread in the diet and the contributions these foods make to good nutrition for the family. Recipes for preparation of cereals, different types of breads, one-dish meals, and desserts.

**N-3 *A Day's Meals for Your Family. 1942.
7 pp.**

A good basic plan for meal planning for the family at low cost. Recipes for preparing a variety of foods.

N-4 *The Diet of the Expectant and Nursing Mother. 1942. 6 pp.

Discusses the importance of a good diet during pregnancy and the nursing period and emphasizes the use of protective foods in the daily meals. Suggested day's meals are included for the prenatal diet as well as the diet during lactation.

N-5 Diets to Fit the Family Income. (Free to public health personnel in Minnesota.) U. S. Department of Agriculture, Washington, D. C. 38 pp.

Four suggested diet plans at different income levels. Sample menus for each diet plan are included.

- N-6 *Hot Lunches at School.** 1940. 7 pp.
(For use by schools and parent-teacher committees.)
Suggestions for organization of school lunch programs, the various types of lunch programs and administration of the program.
- N-7 *Meat in the Family's Meals.** 1947. 33 pp.
Discusses the value of meat in the diet; its use in the family's meals, suggestions for purchasing meat economically and recipes for preparing low cost meat dishes.
- N-9 *Milk in Your Daily Meals.** 1942. 3 pp.
Discusses the value and use of milk in the diet for all members of the family. Recipes for using milk in a variety of ways.
- N-10 *Nutrition in the School Health Program.** 1940. 3 pp.
Food problems commonly found among school children and suggestions for the use of school administrators, teachers, and parent groups in establishing school and community programs to improve children's food and eating habits.
- N-11 *Protective Foods.** 1942. 3 pp.
Describes the protective foods and discusses their value and use in the diet. Some recipes for preparing the more common low-cost protective foods.
- N-12 *The School Lunch.** 1942. 3 pp.
Suggestions for lunches carried to

school, recipes for sandwiches, some good school lunch menus.

N-13 *Stretch Your Food Dollar. 7 pp.

Suggestions on ways of spending the food dollar most advantageously.

N-14 *Vegetables. 1942. 7 pp.

Discusses the value and use of vegetables in the diet, as well as preparation to conserve food value. A time table for cooking vegetables, and recipes, are included.

N-15 *Vitamins for Health. 1942. 5 pp.

Discusses the contributions that vitamins make to good nutrition, the sources of vitamins in food, the kind of diet that will supply normal needs for vitamins and the effect of cooking and storage upon vitamin content of foods.

Mimeographed Material

The following mimeographed materials on nutrition are available to nurses, teachers, and others conducting food and nutrition activities for the public.

N-16 *Family Food Plan at Low Cost

Weekly quantities of food for an adequate diet for each family member.

N-17 *Family Food Plan at Moderate Cost

Weekly quantities of food for an adequate diet for each family member. Kinds and quantities of food needed for one week by per-

sons of different age, sex, and activity. For use in planning family food purchasing at two income levels.

N-18 *Food Value Charts and How to Use Them

A series of 29 charts showing the nutritive value of the more common foods with directions for their use.

**N-19 *A Guide to School Lunch Sanitation.
4 pp.**

Suggestions for safeguarding the sanitation of foods served in school lunch programs.

N-20 *Market List

For use in planning a specific food supply for a family for a week in conjunction with "Family Food Plan at Low Cost" and "Family Food Plan at Moderate Cost."

N-21 *Nutrition Services Available from the Minnesota Department of Health

Lists both services and literature available. (Free to public health personnel in Minnesota.)

PUBLIC HEALTH NURSING

*before the title of a publication indicates the item is published by the Minnesota Department of Health.

P-2 *Manual for Public Health Nurses, 1947-48.

A complete guide for public health nurses employed in Minnesota.

P-3 *Manual for Committee Members.

A guide for public health nursing committees in establishing nursing services. (Being revised.)

P-25 Minnesota Manual of Health and Welfare Services. March, 1948.

Part 1 Public Health Nursing

Part 2 Public Welfare

Part 3 Working Together

A manual prepared jointly by the State Departments of Health and Welfare, for use by workers in local health and welfare agencies.

P-24 *The Public Health Nurse Helps You, Your Family, Your Community. 1947. 2 pp.

Outline of various types of service the public health nurse provides for the community.

P-5 *Public Health Nursing in Rural Minnesota. Current. 29 pp. (Supply limited.)

Annual report of activities of public health nurses in Minnesota.

P-6 Suggestions for a Constitution and By-Laws for a Public Health Nursing Committee. Revised.

An abbreviated outline to serve as a guide in establishing a constitution and by-laws for local public health nursing services.

Mimeographed Material

The following mimeographed material is available for nurses, teachers, or others requiring it:

P-19 *Biologics for Immunization and for Treatment Available from Minnesota Department of Health. 1 p.

Biologics available; directions for obtaining them; directions for collecting specimens for analysis.

P-22 *Library List. Current.

Books and pamphlets of interest to public health nurses that are available from the Library of the Minnesota Department of Health; regulations for borrowing of books and pamphlets; list of periodicals; some agencies from which publications are available.

Mimeographed Material

P-26 *So You're Having a Student. 1948. 8 pp.

A joint publication of the Division of Public Health Nursing, Minnesota Department of Health, and the School of Public Health, University of Minnesota, for use by staff nurse-teachers in rural fields.

P-27 *Your Field Assignment in Rural Minnesota. 1948. 2 pp.

Instructions for student nurses in rural fields.

P-28 *Manual of Local Public Health Nursing Services. 1944. 12 pp.

Lists essential services of public health nurses, with spaces to be used by the nurse in recording work accomplished. Available to city, county, and school nurses.

SAFETY

- B-1 *Are You Safe in Your Home? 1948.
24 pp.**

An illustrated booklet showing the common sources of home accidents and how to prevent them.

- B-2 Safety Guide for the Farm and Home
Front. General Mills, Minneapolis.
24 pp.**

Illustrations and instructions on avoiding hazards on the farm, at home, and on the highway. Published during the war, the booklet is still useful.

SANITATION

*before the title of a publication indicates the item is published by the Minnesota Department of Health.

WATER SUPPLY SANITATION

***Manual of Water Supply Sanitation**

- S-1 *Section IV: General Information
and Principles Per-
taining to Ground
Waters. 1947. 16 pp.**

- S-2 *Section V: Hand Pump Installa-
tions. 1948. 21 pp.**

- S-3 *Section VII: Small Power Pump
Installations. 1948.
32 pp.**

These manuals contain information needed for installation and maintenance of safe and satisfactory water supplies for residences not served by a community water supply.

PLUMBING

- S-4 *Master and Journeyman Plumbers Licensed by the Minnesota State Board of Health. (1946 Directory.) 1946. 127 pp.**

Plumbers are listed alphabetically and also by location.

- S-14 *The Minnesota Plumbing Code. 1947. 87 pp. (29 pp. illustrations.)** Adopted by the Minnesota State Board of Health, July 20, 1937. Amended May 9, 1939. Amended, Jan. 14, 1947.

Contains the law relating to the licensing of plumbers, Minnesota Statutes 1945, and plumbing code.

- S-5 *Plumbing in Public Buildings or Buildings for Public Use. 1946. 8 pp.**

Information relative to preparation and submission of plans and specifications on plumbing in public buildings.

- S-6 *Plumbing in Relation to Public Health. 1942. 47 pp. (36 pp. illustrations.)**

A discussion of plumbing defects and their relation to the public health.

SEWAGE DISPOSAL; PRIVIES

- S-7 *Residential Sewage Disposal Systems. 1945. 8 pp.**

Sanitary sewerage and sewage disposal systems for residences which are not served by community sewerage systems are fully described and illustrated.

- S-8 *The Sanitary Privy. 1945. 12 pp.**
Directions and illustrations for building and maintaining a sanitary privy for home or school.

NUISANCES

- S-9 *The Abatement of Nuisances and Suggested Local Ordinances. 1946. 19 pp.**

Ordinances on public nuisances, prepared in cooperation with the League of Minnesota Municipalities. Definitions, control; eight suggested ordinances.

- S-10 *Nuisances. 1944. 12 pp.**

The general statutes of Minnesota and the regulations of the State Board of Health relating to nuisances.

- S-11 *Nuisances. 1941. 8 pp.**

Information concerning abatement by local and state health officials; control by local ordinances; suits by individuals for injunction and damages.

CAMP SANITATION

- S-12 *Regulations of the Minnesota State Board of Health Relating to Industrial Camps. 1937. 4 pp.**

Regulations for the sanitary location, arrangement, and conduct of lumber, construction, and similar camps in Minnesota.

- S-13 *Bulletin of Logging Camp Sanitation. 1946. 16 pp.**

Includes regulations relating to industrial camps with application to sanitation of logging camps. Illustrated.

WATER POLLUTION CONTROL

- S-14 *Operation and Maintenance of Municipal and Larger Institutional Sewage and Waste Treatment Plants in Minnesota.** 1947. 55 pp.

An illustrated booklet containing technical information for engineers and others concerned in the operation of sewage and waste treatment plants. Distribution limited.

- S-15 *State Water Pollution Control Act.** 1945. 7 pp.

A reprint of the Act relating to water pollution and waste disposal in Minnesota.

MILK SANITATION

(The following publications are not distributed by the Minnesota Department of Health. They are available from the sources listed after each title.)

- Crippler in Disguise (Brucellosis in America).** National Society for Crippled Children and Adults, Inc., Elyria, Ohio. 15 pp.

An illustrated booklet for the layman on the history, causes, prevention, and treatment of brucellosis (undulant fever).

- Milk Pasteurization Law and Regulations Effecting [sic] Same.** Minnesota Dept. of Agriculture, Dairy and Food, St. Paul, Minn. 1945. 16 pp.

All laws and regulations relating to the

production, storage, pasteurization, and sale of milk.

Pasteurizing Milk at Home. Agriculture Extension Service, University of Minnesota, St. Paul 8. (Extension Folder 133.) 1945.

Each step in pasteurizing milk at home is described and illustrated.

What Every Person Should Know About Milk.

U. S. Public Health Service, Washington, D. C. (Reprinted from Public Health Reports of Dec. 14, 1934. Revised Jan., 1940. 4 pp.)

Discusses milk as a food, how to prevent transmission of disease by milk, how consumers can check on safety of milk.

SCHOOL HEALTH

*before the title of a publication indicates the item is published by the Minnesota Department of Health.

A-1 *School Health Manual. Joint Committee, Minnesota Department of Health and State Department of Education. 1948. 89 pp.

Manual for use by school health directors and others concerned with policies and practices of school health; includes form for evaluating most aspects of school health service program.

A-2 Suggested School Health Policies. National Committee on School Health Policies. Revised, 1946. 46 pp.

Includes general school health policies; provisions for healthful school living; health and safety instruction; services for health protection and improvement; health aspects of physical educa-

tion; education and care of the handicapped; qualifications of school health personnel.

Mimeographed Material

- *An Investigation of the Present Status of Health Councils and Health Service Programs in Minnesota Colleges.** 1948. 8 pp.

Findings from a questionnaire answered by all 16 Minnesota colleges offering major or minor sequences in health or physical education.

SOCIAL HYGIENE

*before the title of a publication indicates the item is published by the Minnesota Department of Health.

- X-1 Healthy, Happy Womanhood.** U. S. Public Health Service, Federal Security Agency, Washington, D. C. 16 pp.

Sex education for adolescent girls and young women. Discussion of reproductive system, human growth, and the sex instinct.

- X-3 Keeping Fit.** U. S. Public Health Service, Federal Security Agency, Washington, D. C. 15 pp.

Sex education for adolescent boys. Discussion of reproductive system, venereal disease, and common sex problems.

- X-4 *Personal Health and Human Relations.** 1945. 9 pp.

Description of the educational re-

sources available from the Minnesota Department of Health for sex education at various levels.

X-5 *Understanding Ourselves. 1943. 44 pp.

Sex education for high school boys and girls. Discussion of bodily changes at adolescence and wholesome social behavior.

X-6 *Units in Personal Health and Human Relations, by Lillian L. Biester, William Griffiths, and N. O. Pearce, M.D. 1947. 267 pp.

Ten units for teachers of social hygiene. Subjects covered include heredity, prenatal life, boy-and-girl relationships, reproduction, and venereal diseases. This book is available free to school superintendents in Minnesota.

X-7 *Your Own Story. 1943. 52 pp.

Sex education for parents and young children. Human growth and development and simple sex knowledge.

VITAL STATISTICS

*before the title of a publication indicates the item is published by the Minnesota Department of Health.

(Publications V-1 to V-4 inclusive may be obtained by writing directly to the Division of Vital Statistics, Minnesota Department of Health, State Office Building, St. Paul 1, Minn.)

V-3 *The Vital Statistics Act. 1946. 32 pp.

The Minnesota state laws and regulations that apply to births and deaths. Index.

V-4 *Birth Records. 1947. 8 pp.

Instructions for making out and filing birth records. Designed particularly for medical record librarians and hospital clerical assistants.

V-5 Manual of Instructions for Local Registrars and Their Deputies. 1945. 49 pp.

Includes the uniform Vital Statistics Act.

Mimeographed Material

The following statistical tabulations are compiled as a matter of routine in the Division of Vital Statistics, 469 State Office Building, St. Paul 1, Minnesota. For any particular data required, please write direct to that Division.

1. LIVE BIRTHS, DEATHS, AND STILLBIRTHS
 - a. Live Births and Rates, Deaths and Rates, and Stillbirths, by year.
 - b. Live Births, by month.
 - c. Births and Deaths, Infant and Maternal Deaths by Place of Occurrence. (Cities and villages of 2,500 population and over listed separately.)
 - d. Number and Per Cent of Live Births, Deaths and Stillbirths Occurring in Minnesota Hospitals and Institutions, by year.
 - e. Number and Per Cent of Live Births, Deaths and Stillbirths Occurring in Minnesota Hospitals and Institutions (Minneapolis, St. Paul and Duluth listed separately), by year.
 - f. Live Births, Deaths, and Stillbirths Occurring in Each Hospital and In-

stitution by County and Name of Hospital, by year.

- g. Illegitimate Births (including stillbirths) by Age of Mother, by year.

2. DEATHS

- a. Deaths, by month.
- b. Deaths (exclusive of stillbirths) by Age and Sex, by year.
- c. Mortality Bulletin (monthly, semi-annual, and annual).
- d. Ten Leading Causes of Death, Death Rates per 100,000 Population, and Per Cent of Total Deaths.

3. DEATHS: CANCER

- a. Cancer Deaths and Death Rates, Minnesota and the United States Registration Area, by year.
- b. Cancer Deaths by Site of Lesion, Sex and Age, by year.
- c. Cancer Deaths by Site of Lesion and Sex (Minneapolis, St. Paul, Duluth, Rochester, and Fort Snelling), by year.
- d. Cancer Deaths by Place of Occurrence and by Residence of Deceased. (Cities and villages of 10,000 population and over listed separately.)

4. DEATHS: COMMUNICABLE DISEASES

- a. Deaths due to Communicable Diseases, by year.
- b. Deaths from Selected Communicable Diseases (diphtheria, measles, poliomyelitis, scarlet fever, smallpox, tetanus, typhoid fever, and whooping cough), and Death Rates per 100,000 Population, by year.
- c. Deaths Due to Communicable Diseases Occurring in Minnesota State Institutions and in the Veterans' Administration Hospitals.

- d. Influenza Deaths, by month.
 - e. Pneumonia Deaths, by month.
 - f. Tuberculosis Deaths, Death Rates, and Cases, by year.
 - g. Tuberculosis Deaths by Age Group and Sex (Minneapolis, St. Paul and Duluth listed separately), by year.
 - h. Tuberculosis Deaths by Place of Occurrence. (Cities and villages of 2,500 population and over listed separately.)
5. DEATHS: EXTERNAL CAUSES
- a. External Causes by Sex (includes accidental deaths, suicide, and homicide), by year.
 - b. Accidental Deaths Occurring in Occupation, Home, and Public Place by Type of Accident and Age Group, by year.
 - c. Accident Fatalities Occurring on the Farm by Cause, by year.
6. DEATHS: HEART DISEASE
- Heart Disease Deaths, and Death Rates, by year.
7. DEATHS: INFANT AND MATERNAL
- a. Stillbirths, Infant and Maternal Deaths and Rates per 1,000 Live Births, by year.
 - b. Infant and Maternal Deaths by Place of Occurrence. (Cities and villages of 2,500 population and over listed separately.)
 - c. Live Births, Stillbirths, Infant and Maternal Deaths by Residence of Mother. (Cities and villages of 2,500 population and over listed separately.)
 - d. Infant Deaths Under 1 Year by Cause and Sex, by year.
 - e. Maternal Deaths by Cause and Age.
 - f. Deaths from Puerperal Causes, by year.

8. MARRIAGES AND DIVORCES

a. Marriages and Divorces, by County.

FILMS

Available from Minnesota Department of Health

The following list includes all 16 mm. films currently available on loan from the Minnesota Department of Health.

Requests for any film should reach the Department of Health at least two weeks before the date of showing. Send requests for films to

Division of Public Health Education
Minnesota Department of Health
University Campus
Minneapolis 14, Minnesota

No rental fees are charged for these films. Postage on films sent out is prepaid by the Health Department. The borrower need pay only the return postage.

Please return films promptly after use. Others are waiting for them.

Do not use a sound film on a silent film projector. Always have an experienced operator run the film. Do not rewind film after final showing.

Silent films are most effective educationally if they are accompanied, prefaced and followed by comment by a teacher, nurse, or other qualified person. Sound films may also be prefaced and followed by explanation, comment, and questions.

Additional films on Cancer may be obtained

from the Minnesota Cancer Society, 622 Commerce Building, St. Paul, Minnesota.

Additional films on Tuberculosis may be obtained from the Minnesota Tuberculosis and Health Association, 614 Portland Avenue, St. Paul, Minnesota.

This list of available films will be revised frequently, and new health films available for general use will be announced from time to time in *Minnesota's Health* and *School Health News*.

A number of films approved by the Health Department are available from the University of Minnesota and from other sources. A catalog of the University's films will be sent on request. Write Department of Visual Education, University of Minnesota, Minneapolis 14, Minnesota.

CANCER

The Traitor Within

Animated cartoon, giving, in striking manner, the chief facts about cancer and its control.

Junior and senior high school, adults.
Sound, color, 10 minutes.

CHEST X-RAYS

Message from Dorothy Maynor

Dorothy Maynor, famous soprano, appeals for full participation in chest x-ray surveys and stresses the need for finding tuberculosis early. Songs by Miss Maynor and male singers from the Hall Johnson choir.

General.

Sound, 10 minutes.

Routine Admission Chest X-Rays in General Hospitals

Shows techniques suggested by the U. S. Public Health Service for taking routine chest x-rays in hospitals. Of interest to professional hospital personnel, physicians, nurses, and community groups.
Sound, 30 minutes.

Techniques of Group Chest X-Ray Services

Answers many questions likely to arise in planning and carrying out a group x-ray survey and gives basic information on the technical problems involved and the methods found successful in solving them. Chiefly concerns industrial plants, but is of interest to any community group planning an x-ray survey.
Sound, 25 minutes.

CHILD HEALTH

School Days in the Country

Illustrates many measures that may be used in rural schools to protect the health of children—inspection by teachers, school sanitation, school lunches, rest periods, vision testing, and many other activities.

Teachers, parents, teacher training classes, community groups.
Sound, 15 minutes.

Starting Line

A state program for the care of premature babies. Some techniques are shown that could be used or adapted in other programs.

Parents, nurses, community groups.
Sound, 20 minutes.

When Bobby Goes to School

A six-year-old is taken by his mother for a medical check-up before he starts to school. The film shows the various steps in the physician's examination. An excellent film for parent groups.

Sound, 20 minutes.

Your Children and You

A British film on the emotional training of preschool children. Mimeographed discussion material accompanies the film. Parents, teachers, nurses, social workers.

Sound, 35 minutes.

DENTAL HEALTH

About Faces

The dental history of a boy from babyhood to adulthood. Development of the teeth, control of tooth decay. Emphasis on timely dental care.

General.

Sound, color, 20 minutes.

How Teeth Grow

A factual film on the growth and development of the deciduous and the permanent teeth.

High school, teachers, nurses, and parents.

Sound, color, 10 minutes.

Student Flyer

The story of a high school boy who almost fails in his efforts to learn aviation because of infection from a decayed tooth.

Junior and senior high school.

Sound, 10 minutes.

Winky, the Watchman

The story opens and closes in a dentist's office, but consists mainly of an animated cartoon with narration by the dentist. An excellent teaching film for elementary grades, also of interest to parents. Sound, color, 10 minutes.

DISEASE PREVENTION

Confessions of a Cold

Sensible advice on the prevention and treatment of colds, presented in an entertaining manner.

General.

Sound, 10 minutes.

Defense Against Invasion

A Walt Disney animated cartoon showing how vaccination protects the body against the invasion of disease bacteria. Elementary, junior high school.

Sound, color, 10 minutes.

Goodbye, Mr. Germ

An entertaining introduction to the basic facts about tuberculosis.

Elementary.

Sound, 10 minutes.

Know for Sure

A film made by professional actors, developing in story form the control, diagnosis, and treatment of syphilis. This film was made especially for high school boys but is suitable for showing to mixed groups of students or adults.

Sound, 20 minutes.

The Magic Bullet

The dramatic true story of the research that culminated in the discovery of the

"606" formula for the treatment of syphilis.

High school, adults—suitable for mixed groups.

Sound, 30 minutes.

Message to Women

Story of a girl whose physician finds she has gonorrhea; emphasis on control measures, particularly education. This film was made especially for high school girls but is suitable for showing to mixed groups of students or adults.

Sound, color, 20 minutes.

Pasteur's Legacy

Story of Pasteur's experiments, with emphasis on early developments in immunization and pasteurization. Excellent for college science classes.

Sound, 24 minutes.

Target T.B.

For use in connection with community x-ray projects.

General.

Sound, 10 minutes.

This Is T.B.

A factual film with the pace of an up-to-the-minute newsreel, emphasizing the need for early diagnosis and treatment and the fact that tuberculosis can be prevented and cured.

Junior and senior high school, adults.

Sound, 10 minutes.

Tuberculosis Among the Red Lake Indians

A Minnesota Department of Health film, showing many interesting aspects of life among Minnesota's Indians.

High school, adult.

Color, sound, 45 minutes.

We'll See Them Through

A state program for the care of children with rheumatic fever.

Sound, 30 minutes.

FIRST AID AND SAFETY

Help Wanted

Emphasizes the value of first aid at the scene of an accident, shows how to handle bleeding, burns, and shock; pressure points, bandages, artificial respiration, fractures.

High school, adults, nurses, teachers.

Sound, 30 minutes.

Home, Safe Home

A National Safety Council film showing the causes and ways of preventing common home accidents, with special emphasis on safeguarding children from such hazards.

General.

Sound, 10 minutes.

Safe Swimming

How to enjoy water sports in safety. Some life-saving techniques are shown. Excellent film for schools and camps.

Color, sound, 10 minutes.

Save a Day

Shows how the U. S. Public Health Service and the various state health departments endeavor to protect the health and safety of workers in industry. A war-time film, but still of interest to workers, management, and students of industrial welfare.

Sound, 10 minutes.

HUMAN BIOLOGY AND PHYSIOLOGY

Body Care and Grooming

Daily habits for good grooming, with non-technical descriptions of the nature and functions of various parts of the

body. Good for high school, college, and adult classes.

Sound, 20 minutes.

Body Defenses Against Disease

A good teaching film; should be used in connection with a course or lecture on the material involved. Photographs and animated drawings of the skin, mucous membranes, lymphatic system, liver, and spleen in their functions as defenses against disease; also discusses antibodies, vaccines, and serums.

Senior high school, college, nurses, teachers.

Sound, 10 minutes.

The Body Fights Bacteria

Story of the battle between disease-producing organisms and the human body.

Sound, 15 minutes.

Endocrine Glands

Describes the nature and function of the parathyroid and its effect on muscular control; the effect of pituitary hormones on ovum development; the function of the pancreas and the use of insulin; the characteristics of hyper- and hypothyroidism; and the stimulation of the mammary gland by pituitary and ovarian hormones.

Senior high school, nurses, teachers.

Sound, 10 minutes.

The Gift of Life

A boy, under guidance of a scientist, observes reproductive processes in plants and animals. Good photography and animated drawings. The information given is adapted to the understanding of children. Of interest to general science classes.

Grades 4 through 9.

Silent, 30 minutes.

Heredity

Narrator type of film with excellent photography and good animated drawings. Of interest to classes in biology.

Senior high school, adults.

Sound, 10 minutes.

How the Ear Functions

How the Eye Functions

Excellent teaching films on the structure and functioning of these organs.

High school, adults.

Sound, 15 minutes each.

Human Growth

Film within a film — teacher shows a junior high school class a film on human reproduction. Shows proper pre-discussion and summarizing techniques in teaching the subject.

High school, parents, teachers.

Color, sound, 20 minutes.

In the Beginning

Narrator type of film, excellent voice and photography. Shows the processes of ovulation, fertilization, and early development of the mammalian ovum. Of interest to classes in biology.

Junior and senior high school, adults.

Sound, 30 minutes.

The Story of Menstruation

An animated cartoon film, with narration, describing simply and clearly the function of menstruation. An excellent film for junior high school audiences — boys as well as girls — for parent groups and for teachers.

Sound, color, 10 minutes.

The Nose, Throat and Ears

Animated drawings describe these body parts. Dangers of self-medication are stressed.

High school, college, adults.

Sound, 20 minutes.

Human Reproduction

Models and animated drawings used to describe anatomy and physiology of human reproduction. Of interest to college classes in health, hygiene, and physical education.

Sound, 20 minutes.

INDUSTRIAL HEALTH

To Live in Darkness

Prevention of eye accidents in industry. High school shop classes, industry.

Sound, 20 minutes.

MENTAL HEALTH

Emotional Health

Psychiatrist diagnoses and treats a psychosomatic condition in a college youth.

Sound, 20 minutes.

Feeling of Rejection

Emotional and social readjustment of a 20-year-old girl who has had a life-long "feeling of rejection."

Sound, 20 minutes.

Learning to Understand Children—Part I

Case study of a 15-year-old girl who is socially maladjusted, with detailing of diagnostic techniques used for correction. Teachers, parents, nurses.

Sound, 20 minutes.

Learning to Understand Children—Part II

Continuation of the case study of the 15-year-old girl. Explains development of a plan for remedial action based on her interest in art.

Teachers, parents, nurses.

Sound, 20 minutes.

Know Your Baby

Suggestions to parents on how to help develop emotional stability and good adjustment to life in babies and young children,

Parents, high school, college.

Sound, 10 minutes.

6-1

NURSING

Your Public Health Nurse

Outlines the services of a public health nurse in the community.

Community groups, teachers, student nurses.

Sound, 20 minutes.

NUTRITION

Planning for Good Eating

Made for teaching the elements of nutrition in Latin America.

Sound, color, 10 minutes.

Something You Didn't Eat

A Walt Disney film emphasizing the role of the "basic seven" food groups in maintaining health. An attractive poster for classroom display is sent to teachers using this film.

Junior and senior high school, adults.

Sound, color, 15 minutes.

PHYSIOTHERAPY

Accent on Use

How exercise, massage, heat, water, and electricity are used in treating various conditions of illness and injury. Prevention of crippling in both child and adult victims of infantile paralysis is emphasized. An excellent vocational rehabilitation film.

Health professions, parents, community groups, high school seniors, college.

Sound, 20 minutes.

POSTURE

On Your Feet

Illustrates the need for properly fitted shoes, correct standing and walking, effects of poor posture and high heels on general health. This is a wartime film, but the essential information it contains is still valuable.

Junior and senior high school, adults.

Sound, 10 minutes.

SANITATION

Clean Waters

A beautiful color film, entertaining and informative, which is bound to stimulate interest in protecting our lakes, rivers, and streams from pollution. Especially recommended for all groups concerned with sanitation and conservation, also schools and youth organizations.

Sound, color, 30 minutes.

Environmental Sanitation

Made for teaching the elements of sanitation in Latin America.

General.

Sound, color, 10 minutes.

Health and the Cycle of Water

Methods and processes by which public water supplies are filtered and distributed. Treatment and disposal of sewage. Excellent for adult groups.

Sound, 20 minutes.

The House Fly

Life cycle of the house fly, micro-photographs of fly anatomy, and the fly's role as a carrier of disease germs are portrayed.

General.

Sound, 10 minutes.

Insects as Carriers of Disease

The louse, mosquito, and fly as disease carriers. Some methods of controlling them.

Sound, 20 minutes.

Keep 'Em Out

Graphic instructions on the proper methods of rat-proofing buildings.

Sound, 10 minutes.

Safe Drinking Water from Small Supplies

Illustrates proper construction of dug and drilled wells, hand and power pumps, and indicates the dangers of defective equipment. An excellent film for use in rural areas.

Senior high school, teachers, farm groups.

Sound, 15 minutes.

Sanitation and the Rural Home

Problems of sanitation in the rural home and how the local and state health departments help to solve them.

High school, adult.

Sound, 15 minutes.

Sentinels of Milk

An interesting color film, illustrating the methods of keeping milk clean and safe all the way from cow to consumer.

General.

Sound, color, 20 minutes.

Twixt the Cup and the Lip

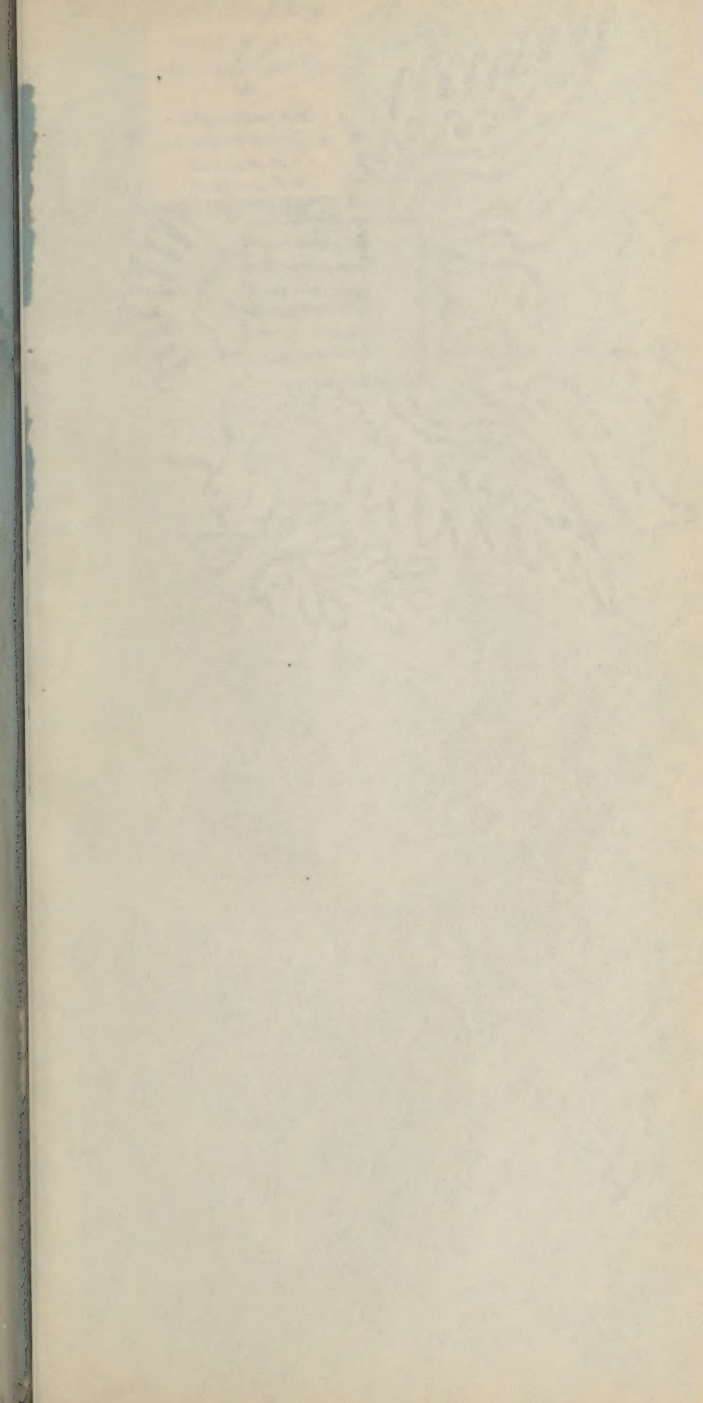
Shows how disease may be transmitted through improper methods of dishwashing and emphasizes the desirability of single-service utensils.

General.

Sound, 20 minutes.







**PRESSBOARD
PAMPHLET BINDER**



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